




Portway Lifestyle Centre

Swimming Timetable

Please note that swimming times may change. For the latest information, view the accessible timetable on our website, or contact the centre.

 0300 012 0121

 slt-leisure.co.uk/timetables

Monday

07:00 - Relax Sessions (45 min)
07:45 - Relax Sessions (45 min)
13:15 - Relax Sessions (45 min)
20:15 - Aqua Zumba® (45 min)
21:00 - Relax Sessions (60 min)

Tuesday

07:00 - Relax Sessions (45 min)
07:45 - Relax Sessions (45 min)
12:15 - Good Boost (45 min)
19:15 - Aqua Zumba® (45 min)
20:15 - Aqua Fit (45 min)
21:00 - Relax Sessions (60 min)

Wednesday

07:00 - Relax Sessions (45 min)
07:45 - Relax Sessions (45 min)
16:00 - Relax Sessions (30 min)
20:45 - Relax Sessions (60 min)

Thursday

07:00 - Relax Sessions (45 min)
07:45 - Relax Sessions (45 min)
20:15 - Aqua Fit (45 min)
21:00 - Relax Sessions (60 min)

Friday

12:30 - Splash Time (30 min)
13:00 - Splash Time (30 min)

Saturday

10:00 - Splash Time (30 min)

Sunday

10:00 - Splash Time (30 min)